

## Professional Development Seminar

### TO REGISTER

VCBH staff with a MyLearningPointe account: register in MyLearningPointe through "Request a Course".

For all others: contact the training department for registration:

[vcbh.training@ventura.org](mailto:vcbh.training@ventura.org)

Phone: 805-981-9213

#### SPEAKER INFORMATION:

*Jaynie Litster Brown,*  
Executive Director

*is a co-founder and executive director of the Strengthening Families Foundation. In partnership with Dr. Karol Kumpfer, she produced the Strengthening Families Program (SFP) Home-Use DVD, including script-writing and fundraising, pro bono to be able to offer the two-disk SFP series at near cost so every family could afford it. She has a degree in broadcast journalism from Brigham Young University.*

*Facilitator: Angela Riddle, LCSW, graduated with her MSW from USC in 1993. Having grown up as an immigrant child receiving Medi-Cal funded medical care, Ms. Riddle has dedicated her professional life to serving the underserved and most disadvantaged, devoted to the provision of quality care -- starting her career as a clinician with Ventura County Behavioral Health in 1994 and promoting to her current position as a manager overseeing the programs serving underserved areas and the implementation of Evidenced Based Practices.*

**For additional information about the training contact:**

**Internships and Workforce Development**

[vcbh.internships@ventura.org](mailto:vcbh.internships@ventura.org)

(805) 981-9213

- TOPIC:** Strengthening Families Program:  
Family Coach
- PRESENTER:** SFP trainers
- WHEN:** December 4<sup>th</sup> and 5<sup>th</sup> (must attend both days)
- TIME:** 9:00 am – 5:00 pm
- LOCATION:** 1911 Williams Drive – Training Room

#### DESCRIPTION:

The Strengthening Families Program (SFP) is a nationally and internationally recognized parenting and family strengthening program for high-risk and general population families. SFP is an evidence-based family skills training program found to significantly improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and to improve social competencies and school performance. Child maltreatment also decreases as parents strengthen bonds with their children and learn more effective parenting skills.

#### Learning Objectives:

- 1) Identify the core healthy family skills taught in the SFP curriculum
- 2) Demonstrate an understanding on how to adapt the curriculum, depending on family risk factors and culture
- 3) Demonstrate facilitation skills to impart the skills to families

### PROVIDES 12 CONTINUING EDUCATION HOURS

**Psychologists:** Ventura County Behavioral Health is approved by the California Psychological Association (CPA) to provide continuing professional education for psychologists. Ventura County Behavioral Health maintains responsibility for this program and its contents. Attendees may obtain additional information regarding course content, instructor's credentials and speaker disclosures of any commercial support by sending a request via email to [vcbh.training@ventura.org](mailto:vcbh.training@ventura.org)

**LMFT, LCSW and LPCC:** Ventura County Behavioral Health is approved by the California Psychological Association (CPA) to provide continuing professional education for psychologists. The California Board of Behavioral Sciences (BBS) now recognizes CPA continuing education credit for license renewal for LMFTs, LCSWs and LPCCs. Ventura County Behavioral Health maintains responsibility for this program and its contents.

**Alcohol & Drug Treatment Counselors:** CCAPP Approved Provider #2C-92-284-0420

**Nursing:** Ventura County Behavioral Health is approved by the California Board of Registered Nursing, Provider #CEP 15325

**Physicians:** CME credit is not available for this training.