

STRENGTHENING FAMILIES PROGRAM

SFP Group Leader Training Agenda

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Date

9:00 Introductions
9:30 Training Overview & Question:
 What puts kids at-risk?
 What protects kids?
9:45 Important Points about SFP
10:00 Parenting as Prevention
10:15 Evidence-based Practices & Outcomes
10:45 Break
11:00 SFP in Practice
11:15 Staffing, Facilities, Logistics
11:30 Resource Requirements
12:00 Lunch
1:00 Review of SFP Course Materials
1:15 Child's Game & Our Time
2:00 Parent's Skills: Clear Directions
2:15 Consistency & Follow-through
2:30 Accidentally Teaching Coercion
2:45 Break
3:00 Family Meetings & Demonstrate
3:30 Practice Sessions: Demonstrate Parent 1
3:45 Practice Sessions: Sign-ups
4:00 Practice Sessions: Team Planning
4:30 Training Ends

Date

9:00 Breakfast/Family Meal Demonstration & Questions
9:30 Leading SFP Groups
10:00 Parent (12-16) Session 3: Rewards
10:30 Break
10:45 Teen Session 3: Staying Cool in Conflict
11:15 Discuss/Role Play Family Session 3
11:45 Adapting vs. Modifying SFP
12:00 Lunch
1:00 Parent 6-11 Session 5: Noticing & Ignoring
1:30 Child Session 5: Saying "NO" To Stay Out
 Of Trouble
2:00 Break
2:15 Recruiting & Retaining Families
2:30 Setting Limits & Discussion
2:45 What Comes Next? Steps to Implementing
3:15 Certificates & Evaluations
3:30 Training Ends